

# Burgess Hill

BUSINESS PARKS ASSOCIATION

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**Weekly Newsletter - Every Friday Morning**

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## Opening Remarks

### Business Advice

We look at a variety of business IT issues, in particular cyber resilience. A fun team building exercise looks set to create the 'Right Stuff' for your people.

### Local News

Members engaging with local schools is always celebrated in this newsletter. We also have an update on a vital community hub. A youth worker seeks partners, offering a great way for a business to generate social value locally.

### Events

Bookings close on Monday for the BHBPA's AGM. We have 60+ booked and CAE are offering a small number of demonstrations in one of the simulators. We'll be contacting all who have booked about this later today. April's networking event is building and we'll announce May, June and July's events very soon.

View our various events here . [Book Events](#).

### The biggest business awards in Mid Sussex

There is no cost to enter our awards. You can enter up to four categories. There's just three months to sort that all out...and in business, that happens in an instant, choose your categories now: [BHBiz26](#) The big event for all the finalists: 24th September at Pangdean Barn.

We report on the two events we held this week, one being our Fundraising Quiz, the other our latest Micro-Meet networking event.

**For all enquiries on everything BHBPA: [richard.cox@bhbpa.co.uk](mailto:richard.cox@bhbpa.co.uk)  
07393 728688**

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## Our Latest Networking Event

### A fabulous late breakfast buffet at Keymer Hall on Wednesday

Some very personable staff served us with a great variety of bagels and pastries. I was particularly taken with the Chocolate Guinness Mousse celebrating the recent St Patrick's Day.

The facility opened its doors a few months ago and it's first residents are now all very settled in. We were given a tour of the spaces and we all came away with how much effort is made to make everyone's stay at Keymer Hall an engaged and interesting one.

The wellness team go to great efforts, I noticed some play passports being readied for a travelogue type game, where the players 'visit' different countries and get these passports stamped.

The building is light and airy with great views, surrounded by gardens. There is a real connection with the community; for example, the town's football club has a special 'Hillians' room with some team memorabilia.

A wide variety of rooms and suites are available, some designed for couples that come with or without shared bedrooms.

We'd like to thank Jenna, Gina and Helen and the rest of the team at Keymer Hall for the tour and making us feel very much at home.



We typically start these small micro-meet events after the morning school run. This week we had an interesting mix of business attending, a little different from our other events.

This mid-morning event usually attracts about 15-20 delegates and there is something to be said for networking with a smaller group. More relaxed conversations ensued among our delegates. I was party to an interesting discussion about possible project collaborations between two companies present.

**KEYMER HALL**

BY BOUTIQUE CARE HOMES

**Burgess Hill**

BUSINESS PARKS ASSOCIATION

# Spring Fling

## Keymer's Spring Fling: A Day to Celebrate Community

We're thrilled to invite you to Keymer's Spring Fling on Saturday 25th April, a celebration of Keymer Hall's official opening and the wonderful community we're now part of. From 11am to 3pm, join us for a day filled with live music, entertainment, local organisations, delicious food, and the chance to explore our beautiful new care home.

## Judy Parfitt from Call the Midwife unveils the plaque at midday

At midday, we'll have a very special moment when actress Judy Parfitt, known for her role in Call the Midwife, unveils the plaque to officially mark Keymer Hall's opening.

Toastmaster Archie Tipple-Wilson will be guiding us through the day's festivities, and Mid Sussex Radio will be broadcasting live from the event, capturing all the excitement.



## Live music from Sussex legend Glen Richardson and the Plumpton Choir

Music lovers are in for a treat with Sussex musical legend Glen Richardson performing two sets, at 11.30am and 1.30pm, followed by the beautiful harmonies of the Plumpton Choir from 2pm to 3pm.

These performances perfectly capture the spirit of our Life Enrichment Programme, where music and connection bring residents, families, and the community together.

## Burgess Hill's community organisations join us for the day

We're proud to welcome an incredible lineup of local community organisations joining us for the day, including the Repair Café, Befriended, Sheddingdean Church, Burgess Hill Town Council and Youth Council, Susan Mitchell Crafts, Woodlands Meed College, Dicker House Pre-School, Burgess Hill Girls, Music Bus with Maggie, Laura King flower arranging, and Toby Sansom puppets. The 7th Burgess Hill Scouts will be serving up their legendary BBQ, while Indulgent Ice Creams brings their vintage ice cream van filled with luxury treats.

## Everyone is welcome, come and see Keymer Hall for yourself

Keymer Hall, 11 Kings Way, Burgess Hill, West Sussex, RH15 0HH

**Saturday 25th April 2026, 11am-3pm**

For more information, call 01444 225 578

We look forward to celebrating with you.

# KEYMER HALL

BY BOUTIQUE CARE HOMES

## [Keymer Hall](#)

For more information, call **01444 225 578**

Keymer Hall, 11 Kings Way, Burgess Hill, West Sussex, RH15 0HH

## Some Fabulous Fundraising on Tuesday

**A great deal of money was raised by a relatively small number of people**

This year, for one reason or another, we were down on some of our regular stalwart competing teams, but that didn't stop us reaching a fantastic total for the evening:

# £460

We'd like to thank Dee, Lance and all the staff at The Woolpack for providing the quizmaster and the fabulous nachos that helped fuel the synapses as everyone competed for the magnificent accolade of being declared winner. That fell upon the team from [Burgess Hill Town Football Club](#), winning not only at their own game on the pitch but ours on Wednesday evening!

Well done to them and everyone else that came out to support a vital part of our local healthcare fabric, [St Peter & St James Hospice](#).



[Burgess Hill Town Football Club](#) -Winners of the evening's quiz



[Galloways Accounting](#)



[Fresh Display & Friends...](#)



[The Escape Youth Club](#)



[The Hospice team](#)



[Extech Cloud](#)



[Bennett Oakley](#)



[BHBPA's scratch team](#)

I like to thank everyone for the donations to our raffle prizes and a special mention to [Certa MPS](#) who couldn't make it last minute but gave a very generous donation nevertheless.

Earlier that day I visited the newly refurbished [Park Centre](#) and saw what a great community hub that is. The Escape Club operates from there and provides much needed youth engagement for the town. (Apologies to Alix Bell and her team from the Escape Youth Club for my horrid marking of their quiz sheet!)

We always welcome individuals to join the association's scratch team, this year: Alex Kiernan from [Thomas Mansfield Employment Law](#), Mandy from [Amanda Anstee Editing & Proofreading](#) and Kent Reynolds from the [Jonathan Lea Network](#)

# Burgess Hill

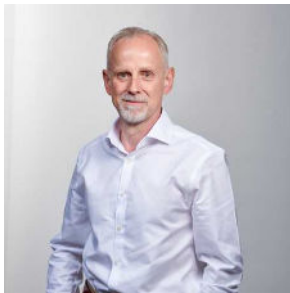
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St Peter & St James Hospice  
"In quietness come in the heart of Creation"

## Productivity Tools

### Microsoft 365 Productivity Tools Your Business Might Be Missing



[Andrew Hookway](#)

Most small and medium sized businesses in Burgess Hill use Microsoft 365 every day, relying on familiar apps like Word, Excel, Outlook and Teams. But many don't realise just how much value is hidden within the wider suite. At Extech Cloud, we regularly meet organisations across the South East that are unknowingly paying for software their Microsoft 365 subscription already covers. Below, we highlight five underused tools and the benefits they bring when used to their full potential.

## The Microsoft Tools You May Not Know About And Why They Matter

- **Planner** – for Project Management: Replaces tools like Trello or Asana, offering visual task boards, deadlines, assignments and progress tracking.
- **Forms** – for surveys and questionnaires: Instead of relying on external survey tools, Microsoft Forms delivers easy-to-build questionnaires, automatic charts and secure data storage and results can be exported to Excel.
- **Whiteboard** – for brainstorming: Brings in-room creativity to remote and hybrid environments. Integrated with Teams, it enables brainstorming, sketching ideas, adding notes and voting on concepts, all in real time.
- **Bookings** – Hassel Free Scheduling: Clients can book appointments directly into your team’s calendars, reducing admin time and improving the customer journey.
- **Cost Efficiency:** Many businesses subscribe to project management boards, survey software or scheduling platforms unnecessarily. Microsoft 365 already includes equivalent tools, often with deeper integration and no extra cost.
- **Better Collaboration:** Microsoft’s ecosystem connects teams seamlessly, whether based in Burgess Hill or working remotely; making it easier to share ideas, update progress and stay organised.
- **Improved Security:** Keeping data within Microsoft 365 reduces risks associated with spreading sensitive information across multiple cloud services.

If you'd like to understand which Microsoft 365 features could unlock the most value for your organisation, [contact Extech Cloud today](#).



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## BHBiz26

### We'd like to thank the sponsors of this year's awards

This event would not be possible without them. It enables us to keep our ticket prices at the same prices as in 2024 with a memorable celebratory event for close to 200 attendees on the night. [LIVE on our website](#)

### Twelve awards

Click the links to read an in-depth description of each award category:

### [Best Business](#)

Self-explanatory - the big one!



[Mayo Wynne Baxter](#)

## Bright Star

An individual of extraordinary abilities, drive and ambition? One of your staff? Please put them forward



Travail Employment Group

## Charity & Community Champion

Exceptional fundraising from a company, department or an individual in your business



To be re-announced

## Ethical Business Star

The social value of doing business ethically is enormous and reaps dividends, an award with a broad remit that any business large or small can aspire to



Galloways

## Excellence in Leadership

A unique award - we ask your employees to assess your leadership prowess



Entrepreneurial Operating System

## Future Talent & Skills Champion

We celebrate businesses that go the extra mile engaging with schools, careers, skills and STEM programmes



Burgess Hill Girls

## Green Champion

We will want to share your sustainability insights when you win



Auditel

## Micro Star

(Best Micro Business) - Bring your best pitch to the table!



Mid Sussex District Council

## Star Apprentice

A hotly contested category to celebrate resilience and application



HPC

## Shooting Star

Best start up or scale up business. Big or small the last three years has seen incredible business growth, how did you achieve that?



UK Growth Coach

## Team of Stars

We will give a magnificent trophy to the team of teams - time to let your staff know just how their hard work is appreciated - nominate them!



## Burgess Hill Town Football Club

## Winning Workplace

The vibe...it's about the vibe, does your business have it?



## Thomas Mansfield Employment Law

### **Eligibility to enter:**

- To enter our BHBiz awards you must be a member.
- You can also nominate other individuals, as long as they work in a member business, you'll need their permission to do so nevertheless
- You can enter up to four different categories, but in each category you have the opportunity to make multiple entries. So if you have several 'Bright Stars' or 'Star Apprentices', tell us why they're ALL exceptional.

Read about what we are looking for in each of the award descriptions above. Our judges are looking for evidenced submissions so make it apparent what has been achieved.

### **Nomination**

Please click [here](#) to reach the nomination form. Up to three pieces of supporting documentation can be submitted with that nomination, send all additional materials to [awards@bhbp.co.uk](mailto:awards@bhbp.co.uk)

### **Any questions?**

If you have any questions, please contact [richard.cox@bhbp.co.uk](mailto:richard.cox@bhbp.co.uk)

**Submit your entry no later than: Friday 5th June**



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## **Steely Cold Determination**

### **From Burgess Hill to the High Arctic - Aneela Rose's solo journey**

Last week, I spoke to students at Hurst College about careers, resilience and building something from scratch. It's a conversation I'm continuing at other schools and colleges over the coming months, increasingly shaped by my interest in the polar regions and the experiences that come with it.



**Aneela Rose - Svalbard, 78° North**

In February, I travelled alone to the world's most permanently inhabited place, Svalbard, 78° North.

It wasn't a holiday. It was a deliberate decision to step into an extreme environment and understand how I respond under pressure, in isolation, and without support.

The white space and silence were exactly what I needed to reset my thinking and regain some internal balance during a challenging period. It also gave me the opportunity to understand climate change in a place where it is happening up to three times faster than anywhere else on the planet.

While I was there, I trained at the world's most northern gym and took a barbell outside to deadlift in  $-23^{\circ}\text{C}$ , I couldn't resist it! I'm a competitive powerlifter, currently in training for the 2026 British Qualifier in April, and this was a way to test how both mind and body respond in unfamiliar conditions.

As I prepare for my Arctic expedition in September - a collaborative project focused on climate action in the region, I'm bringing these experiences into my talks to encourage more awareness, better conversations and more responsible leadership.

If any members would like to hear more about my experience or upcoming polar work, I'd be very happy to share. Svalbard is home to polar bears, and residents are legally required to carry a firearm when leaving settlements. Despite the extreme cold, it is a polar desert with very low annual snowfall, and it remains one of the fastest warming regions on the planet.



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## Inkpots Youth Mentoring

### Working with quieter, less confident teenagers and those facing disadvantage

At Inkpots Youth Mentoring, we work with quieter, less confident teenagers and those facing disadvantage - the young people most at risk of slipping through the gaps.

Through calm, consistent one-to-one mentoring, we help them stay engaged in education, build self-confidence and develop the resilience and life skills they need for the future.



Gill Pawley

There is a very strong demand locally. Referrals are increasing, and young people themselves are telling us about the pressures they face, from academic expectations and social challenges to the impact of financial strain at home. For many, anxiety and low confidence are becoming everyday barriers to success.

As a newly established charity, we have been encouraged to receive early support, including a grant from Burgess Hill Town Council. However, the need continues to grow, and we are now looking to build relationships with local businesses who share our commitment to supporting the next generation.

Partnering with Inkpots Youth Mentoring offers a genuine opportunity to make a tangible difference in our community, while aligning your organisation with early intervention, youth development and social impact.

We would welcome an informal conversation with any business interested in supporting our work or learning more about potential partnerships.



Please contact [gill@inkpots.org](mailto:gill@inkpots.org)

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## Muddy Team Building

### Boost Team Wellbeing in the Mud!

Looking for a fresh way to support staff wellbeing and build stronger workplace connections? Mud Monsters Run on the 17th of May is the perfect team building experience, it's energetic, inclusive and guaranteed to get people smiling.



### Taking part as a workplace team helps:

- Build trust and communication
- Improve wellbeing and resilience
- Strengthen company culture
- Create shared memories that last long after race day

It's not about speed, it's about supporting each other through mud pits, obstacles and stopping for plenty of laughs along the way.

**BHBPA members receive 15% off entry**, making it a brilliant, cost effective wellbeing initiative for your organisation.

Get your team signed up and give them something to look forward to this summer.



[info@mudmonstersrun.co.uk](mailto:info@mudmonstersrun.co.uk)  
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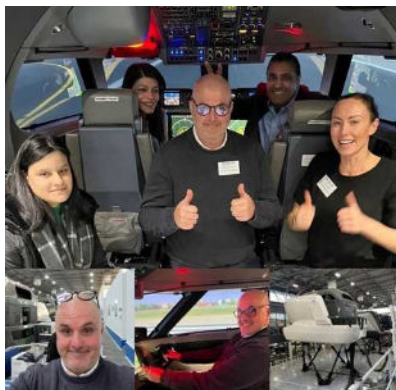
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## Annual General Meeting of BHBPA

We are excited to be back in the magnificent Aircraft Simulator Hall of CAE

- **Wednesday 25th March 8.30 - 11.00am**
- **CAE, Burgess Hill**

At our AGM we give an overview of the Association's financials, the projects we have been involved with over the previous year and an assessment of the marketing reach of our communications and events.



The January 2024 event we held at CAE

### **A review of the 2026 Members Survey**

This year we will also be providing a report on the findings of our Members Survey 2026.

### **Our Hosts**

This event is hosted inside the atrium of the CAE Aircraft Simulator facility in Burgess Hill. We'd like to thank CAE for providing a generous breakfast buffet for our guests.

### **Stay tuned for further announcements!**

We'll keep you posted on other elements of this event as we receive further confirmations.

We may or may not be able to offer simulator demonstrations for a limited number of our guests. We'll keep you updated. First bookings will be first on the list we ask about any demos.

**Book early with the booking link below**

Book the 2026 AGM

**Burgess Hill**  
BUSINESS PARKS ASSOCIATION

**CAE**

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# IT Offboarding is Critical

## Staff leaving your business?

When someone leaves your business, the focus is usually on handovers, exit interviews, and collecting equipment. Meanwhile, their digital access often carries on quietly in the background.



[Read the full blog post](#)

In many organisations, digital access is not switched off as cleanly as it should be. An email account remains live. A Microsoft 365 licence is still assigned. Permissions to the CRM, project platforms, or shared drives sit unchanged

Often, nobody notices straight away.

This is rarely about a former employee trying to get back into systems. More commonly, it is a gap in process...



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Your home may be repossessed if you do not keep up repayments on your mortgage.

The advertisement features a dark green background on the left with white text. On the right, there is a photograph of a modern living room with a yellow armchair, a wooden coffee table, and large windows with indoor plants. A QR code is positioned in the bottom right corner of the green area.

## Burgess Hill & District Pantry

### Burgess Hill & District Pantry – Spring Update for Supporters and Partners

Spring is finally arriving, and while the brighter days are welcome, the early months of 2026 have brought significant challenges for the Pantry. Your support continues to be a lifeline for local families, and we want to share the impact you've helped create.



(C) Claire Fuller - Manager

## Impact at a Glance

- 1115+ Pantry visits supported so far this year
- 280 active Members — the highest number of households we've ever supported

Your contributions are directly helping families stay fed, stay well, and stay hopeful.

## What Our Members Are Saying

*"I am grateful to have been using The Pantry for quite a while now and have only had good experiences. Claire and all the volunteers have always been incredibly helpful, friendly, and supportive of my personal challenges. I strongly believe the Pantry team have actually saved my life — literally. Thank you from the bottom of my heart."*

*"Thank you for the incredible service you provide to those of us in need. It is quite literally life-changing to access food, cleaning products and toiletries in this way. I would not be able to afford to eat — certainly not healthily — without this service. Thank you for making it warm, friendly, and accessible. Thank goodness you exist."*

These words reflect what your support makes possible every single week.

## A Tough Funding Landscape

With the end of the Government's Household Support Fund, delays to the new Crisis and Resilience Fund, and changes to eligibility criteria, the Pantry, like many small charities, is navigating a very uncertain financial period.

We are working hard to build a secure and sustainable future for the Pantry. Your support is a vital part of that stability.

## Beyond Food: Wraparound Support

The Pantry is not just a basket of food. We are committed to helping people move out of crisis and towards long-term stability.

We are proud to be working with local partners to deliver the Burgess Hill One Stop Support Shop, giving our members and the wider community access to multiple services in one place.

We are also collaborating with Citizens Advice, offering one-to-one support sessions directly within the Pantry to help members tackle the issues that keep them in poverty.

## How You Can Keep Making a Difference

- **Share our mission with your networks** — word of mouth is powerful.
- **Continue supporting us** — every donation, large or small, makes a meaningful difference to a local family.
- **Join our Business Partnership** — an annual financial commitment from local businesses gives us the stability to plan ahead, strengthen our services, and focus on what matters most: supporting people.
- **Already a partner?** Thank you — your support is invaluable.



**Claire Fuller, Manager**  
**Burgess Hill & District Pantry**  
[hello@bhlocalpantry.org](mailto:hello@bhlocalpantry.org)

Unit 18, Market Place Shopping Centre, Burgess Hill, BN15 9NP

## Cyber Essentials

### Cyber Essentials is changing in 2026 – what local businesses need to know

From April 2026, the UK's Cyber Essentials certification is being updated — and while the core framework remains the same, there are some important changes that local businesses should be aware of.

The update (version 3.3) introduces clearer rules around cloud services, stronger requirements for multi-factor authentication (MFA), and tighter expectations on security updates and system scope.



### In simple terms, it means:

- More of your systems (especially cloud tools like Microsoft 365) will fall into scope
- MFA will effectively become mandatory wherever available
- Faster patching and better visibility of your IT estate will be expected

These changes aren't designed to catch businesses out — they're there to reflect how modern organisations actually operate today, especially with hybrid working and cloud reliance.

### We've broken down the changes in plain English here:

<https://abcom.co.uk/cyber-essentials-2026-changes/>

If you're planning to certify (or renew), now is a good time to review your setup and avoid surprises later in the year.

Happy to chat if anyone wants a quick sense-check  
ABCOM IT Solutions (Sussex-based MSP & NCSC Assured Service Provider)



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## April Networking with BHBPA

We'd like to thank Mid Sussex Golf Club for sponsoring a great breakfast buffet of bacon baps and similar. Teas and coffees will also be available for our guests.

### Did you know?

This is a great venue for your own business meetings. for all enquiries contact: Mike Abbott

[admin@midssussexgolfclub.co.uk](mailto:admin@midssussexgolfclub.co.uk)

01273 846567

### UK Cyber Compliance: Talking Points for Business

This event has a focus on networking. We will have one presentation to hear from an industry expert.

- **Tuesday April 21st : 8.30 - 11.00am**
- **Mid Sussex Golf Club**



A stunning location - Mid Sussex Golf Club

We'd like to thank Mid Sussex Golf Club for sponsoring a great breakfast buffet of bacon baps and similar. Teas and coffees will also be available for our guests.

### Did you know?

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[admin@midssussexgolfclub.co.uk](mailto:admin@midssussexgolfclub.co.uk)

01273 846567

Book the April event at Mid Sussex Golf Club

This event's presentation will be delivered by Yann Davies, MD of Abcom

### **The reality**

Most organisations only think about compliance when something forces the issue: an audit, a tender, an insurer, or a customer questionnaire. By the time that happens, the pressure is already on.

### **A few uncomfortable truths**

- Passing an audit does not mean you are secure
- Compliance achieved once will decay over time
- Most cyber incidents are caused by basic drift, not advanced attacks
- Documentation does not stop breaches — controls do

### **Why this keeps happening**

- People join, leave, and change roles
- Devices are added, replaced, or taken home
- Cloud services and AI tools are adopted quietly
- Security settings are changed to "just make it work"

### **Why UK organisations are feeling it now**

- Insurers are asking better questions and rejecting weak answers
- Supply chains expect evidence, not reassurance
- Public sector and regulated industries require ongoing assurance
- Regulators increasingly focus on sustained controls, not point-in-time checks

### **The shift that is starting to happen**

Organisations are beginning to treat cyber compliance less like an event and more like an operating discipline — similar to finance, health & safety, or data protection.

The focus is moving from "Can we pass?" to "Can we prove where we stand right now?"

### **The takeaway**

The organisations that will struggle most are not the ones that fail audits — they are the ones that only discover their weaknesses when it matters most.

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# Charity Roundtable - April

Connecting business with the local third sector

- **Tuesday 28th April - 10.00am - Noon**
- **Cherry Tree, Fairfield Road, Burgess Hill West Sussex. RH15 8QB**

Join us for our latest Charity Roundtable - Connecting business with the local third sector.

## **Networking and a presentation from Community People:**

Community People will be sharing how your staff can take on volunteer roles within the local voluntary, community, and social enterprise (VCSE) sector, stepping into positions such as charity trustee, treasurer, or marketing lead.

These roles offer hands-on experience beyond day-to-day responsibilities, building practical leadership, financial oversight and strategic insight — making them a meaningful development opportunity for your people, with lasting value for your organisation and the wider community.

[Book your place for the April Roundtable](#)

**Burgess Hill**  
BUSINESS PARKS ASSOCIATION



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## All Upcoming BHBPA Events

- |   |   |
|---|---|
| <b>25th March</b><br><b>8.30am - 11.00am</b>  | <b>BHBPA's Annual General Meeting</b><br>Simulator Halls CAE , Burgess Hill |
| <b>21st April</b><br><b>8.30am - 11.00am</b>  | <b>Compliance in Cyber Security</b><br>Mid Sussex Golf Club, Plumpton       |
| <b>28th April</b><br><b>10.00am - 12.00pm</b> | <b>Charity Roundtable</b><br>Cherry Tree - Community People                 |

### **Please book our events on our website**

Whether it's an online event, or a site tour at one of our members, or a networking event at a venue. We need to know how many are attending. Spaces can sometimes be limited and we are finding increased demand. So book early!

[Book all Events - CLICK HERE](#)

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## Closing Remarks

We are keen to hear your stories, awards won, apprenticeships completed, sustainability improvements, your involvement with local schools and all and everything going on in various business parks in and around the town.

Let's celebrate your successes and achievements!

**Deadline for copy each week is Thursday noon.**

Contact me directly - [richard.cox@bhbpa.co.uk](mailto:richard.cox@bhbpa.co.uk)



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